

## Pittsburgh Parent

### What's New (E-Blast)

#### Easy ways to show your kids YOU LOVE THEM

*Stephanie in Scotch Plains, NJ, courtesy of Care.com*



Experts say that children who feel important and worthy have higher self-esteem and a more positive outlook on life.

According to child psychologist Dr. Robert Myers, children who feel important and worthy have higher self-esteem, a more positive outlook on life and healthier relationships. He also points out

that these children tend to have an easier time handling conflict, are more respectful of others and are generally more well-rounded individuals.

As parents, we have the power to show our children just how much they matter to us - in what we say, in what we do and in how we act.

Read more at [PittsburghParent.com](http://PittsburghParent.com)



### Online Today! March 2019

Pittsburgh Parent Magazine



March is baby month at Pittsburgh Parent. If you are in the market for some Apps to bring a first time dad up-to-speed, we have some great suggestions for you. Another fun read - announcing the new baby's gender. Check out the March issue online or pick up a copy today!

Are you considering new schools or educational options for your children next September? Check out PittsburghParent.com on March 1 - The Virtual Education Expo is just a click away 24/7.

Check out the [March issue of Pittsburgh Parent](#) online now!

Be the first to see the latest edition of Pittsburgh Parent Magazine.

Checkout the latest news on [pittsburghparent.com](http://pittsburghparent.com).

**What's New.... (Email Blast** consists of a link to the latest E-Edition of Pittsburgh Parent Magazine and [pittsburghparent.com](http://pittsburghparent.com) giveaways, recipes, crafts and editorial tidbits.

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